

FEES: On or Before  
October 7<sup>th</sup> : \$15

Special Age Fee:

Under 18: \$10

Over 65: \$10

(\$1.00 off LITF  
members early

registration only)

Fees: After Oct. 7<sup>th</sup>

\$25 DAY OF RACE

Checks payable to:

BOHEMIA TRACK CLUB,

Mail to:

P.O. Box 384,

Bohemia, NY 11716

MORE INFO:MTROTTO@LIU.EDU OR

CALL: 631.979 8445



#### AWARDS:

\$100 TO FIRST

FEMALE & MALE

OPEN & MASTERS (40+)

And TOP THREE-

Male/Female

14 and under & 5 year age  
groups from 15 to 100+;

Wheelchair, Clydesdale [ men  
200lb.+ ; women 150lb+] &

Judged Race Walk.

#### AMENITIES:

- COURSE: USATF  
CERTIFIED & VERIFIED  
starts & ends at ELITE  
SPORTS MEDICINE
- Special Shirt TO ALL  
REGISTERED
- Bagels &  
Refreshments
- Singing of National Anthem  
by the Central Islip HS  
Choir

#### TIMING & RESULTS:

Electronic timing by

BTC posted on

[www.BTC.org](http://www.BTC.org)



#### THANKS TO OUR SPONSORS

We could not have this race  
without their support.



[WWW.PARTIESTOGO.COM](http://WWW.PARTIESTOGO.COM)

CALL: 888-401-2020

STRATHMORE BAGELS  
HAREL JEWELERS  
SUPER RUNNERS SHOP  
LIPSKY CONSTRUCTION  
POLAND SPRING WATER  
2<sup>ND</sup> WIND RUNNING STORE  
ISLIP TOWNSHIP  
SUFFOLK POLICE

I, intending to be legally bound, do hereby waive and release any and all rights for claims and damages that I may have against Bohemia Track Club, the town of Islip, Suffolk County Police, Elite Sports Medicine and Rehabilitation, Long Island Track & Field, their representatives, agents, employees, assigns, and successors for any and all injuries suffered by me in the Elite 8km Road Race held on October 12, 2008. I attest and verify that I am physically fit and properly trained to compete in this road race.

SIGNATURE: \_\_\_\_\_

OR PARENTAL SIGNATURE FOR  
THOSE UNDER 16}

Name (please print Clearly):  
\_\_\_\_\_

MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

AGE DAY OF RACE \_\_\_\_\_

CLYDESDALE \_\_\_ WEIGHT \_\_\_\_\_

WHEELCHAIR \_\_\_\_\_

RACE WALKER OPEN/MASTERS

{must report to race walk  
official prior to the start}

PHONE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TOWN: \_\_\_\_\_ ZIP \_\_\_\_\_

LITF MEMBER: \_\_\_\_\_ (YES/NO)

Email: \_\_\_\_\_

Club: \_\_\_\_\_

## RAFFLE:

WE WILL HAVE OUR USUAL  
GENEROUS RAFFLE & 50/50

## DIRECTIONS: FROM

LIE: Take Rt. 454

south toward Macarthur

Airport to Feuerheisen

Avenue. Road is a left turn

off 454 just before Lakeland

Ave.

FROM SUNRISE: Take

Lakeland Ave. north to Rt.

454 and make a left turn

onto 454. About 400 meters

turn right onto Feuerheisen.

REGISTRATION &

NUMBER PICK -UP:

8AM to 9:15AM at ELITE

SPORTS MEDICINE @

3385 VETERANS

MEMORIAL HIGHWAY on

Feueheisen

Bohemia Track Club



presents the  
32<sup>nd</sup> ANNUAL  
ELITE SPORTS  
MEDICINE

8K Run/Walk

**OCTOBER 12<sup>th</sup>  
SUNDAY 9:30 AM**

and Free 800m Fun Run  
for the CHILDREN-

**Prizes to EACH CHILD!  
Fun Run Starts at 9 AM**

PROCEEDS of Race

GO TO THE

BTC MEMORIAL

SCHOLARSHIP FUND