

Bohemia Track Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>April 10</i></p> <p>River Road Long Runs, Smithtown 7:30am 5K & 10M Race for Spinal Victory, Jones Beach 8:00am LIRRC 15K, Eisenhower Park 9:00am</p>	<p><i>April 11</i></p>	<p><i>April 12</i></p>	<p><i>April 13</i></p>	<p><i>April 14</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>April 15</i></p>	<p><i>April 16</i></p> <p>Doug Wood X/C 8K, Northport 9:00am</p>
<p><i>April 17</i></p> <p>River Road Long Runs, Smithtown 7:30am LIRRC Half Marathon, Eisenhower Park 9:00am</p>	<p><i>April 18</i></p>	<p><i>April 19</i></p>	<p><i>April 20</i></p> <p>BTC Meeting, Bohemia Rec. Center 8:00pm</p>	<p><i>April 21</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>April 22</i></p>	<p><i>April 23</i></p> <p>Alec's 4M Run, Dix Hills 9:30am Lions Club 5K, Caumsett Park 9:30am St. James 5M 9:00am Thunder Run 5M, Hauppauge 9:15am</p>
<p><i>April 24</i></p> <p>River Road Long Runs, Smithtown 7:30am LIRRC 10K, Eisenhower Park 9:00am Pace is the Race 5M, Sunken Meadow Park (See Dennis Howe for details)</p>	<p><i>April 25</i></p>	<p><i>April 26</i></p>	<p><i>April 27</i></p>	<p><i>April 28</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>April 29</i></p>	<p><i>April 30</i></p>
<p><i>May 1</i></p> <p>River Road Long Runs, Smithtown 7:30am LI Marathon, Eisenhower Park 8:00am Mind over Matter 5K, Sag Harbor 9:00am</p>	<p><i>May 2</i></p>	<p><i>May 3</i></p>	<p><i>May 4</i></p> <p>LIRRC Summer Series, Eisenhower Park 7:00pm</p>	<p><i>May 5</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>May 6</i></p>	<p><i>May 7</i></p> <p>Oysterponds 5K, Orient 9:00am Visiting Nurse 5K, Northport 9:00am</p>
<p><i>May 8</i></p> <p>Mother's Day River Road Long Runs, Smithtown 7:30am</p>	<p><i>May 9</i></p>	<p><i>May 10</i></p>	<p><i>May 11</i></p> <p>LIRRC Summer Series, Eisenhower Park 7:00pm</p>	<p><i>May 12</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>May 13</i></p>	<p><i>May 14</i></p> <p>Bayville Festival 5K 9:30am Dennis Griggs 5K, Bellmore 9:30am Greenbelt Trail 50K Run 8:00am</p>

To post event information contact Steve O'Shaughnessy at oshaust1@optonline.net