

# Bohemia Track Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>July 10</i></p> <p>River Road Long Runs, Smithtown 7:30am</p>	<p><i>July 11</i></p> <p>Summer Run Series #4- Bethpage 5K 7:00pm</p>	<p><i>July 12</i></p>	<p><i>July 13</i></p> <p>LIRRC Summer Series, Eisenhower Park 7:00pm</p>	<p><i>July 14</i></p> <p>Athlete's For Life Blood Drive, Melville Mariott 3:30-9:00 BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>July 15</i></p>	<p><i>July 16</i></p> <p>Angels Gate 5K, Kings Park 9:00am</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <p>Bohemia Track Club Party @ Joe Cordero's 2:00pm</p> </div> <p>Trans Fire Island Run</p>
<p><i>July 17</i></p> <p>River Road Long Runs, Smithtown 7:30am Bellport Clipper 5K 5:30pm Heart and Sole 5K, Plainview Joe Koziarz Memorial 5K, Westhampton 9:00am</p>	<p><i>July 18</i></p> <p>Summer Run Series #5 - Belmont 5K 7:00pm</p>	<p><i>July 19</i></p>	<p><i>July 20</i></p> <p>LIRRC Summer Series, Eisenhower Park 7:00pm</p>	<p><i>July 21</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>July 22</i></p>	<p><i>July 23</i></p>
<p><i>July 24</i></p> <p>River Road Long Runs, Smithtown 7:30am Giant Steps 5K, Bridgehamton 9:00am</p>	<p><i>July 25</i></p> <p>Summer Run Series #6 - Hempstead Lake State Park 7:00pm</p>	<p><i>July 26</i></p> <p>Corporate Challenge 3.5M, 7:00pm</p>	<p><i>July 27</i></p>	<p><i>July 28</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>July 29</i></p>	<p><i>July 30</i></p>
<p><i>July 31</i></p> <p>River Road Long Runs, Smithtown 7:30am Run for Fibrosis 6K, Sayville 5:30pm</p>	<p><i>August 1</i></p> <p>Summer Run Series #7- Caumsett 4K 7:00pm</p>	<p><i>August 2</i></p>	<p><i>August 3</i></p> <p>Cow Harbor Training Run 6:15pm LIRRC Summer Series, Eisenhower Park 7:00pm</p>	<p><i>August 4</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>August 5</i></p>	<p><i>August 6</i></p> <p>Sayville Summer Festival 4M 9:00am</p>
<p><i>August 7</i></p> <p>River Road Long Runs, Smithtown 7:30am 31.9 Mile Greenbelt Trail Run, Heckscher State Park 7:00am</p>	<p><i>August 8</i></p> <p>Summer Run Series #8 - Heckscher State Park 5M 7:00pm</p>	<p><i>August 9</i></p>	<p><i>August 10</i></p> <p>Cow Harbor Training Run 6:15pm LIRRC Summer Series, Eisenhower Park 7:00pm</p>	<p><i>August 11</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>August 12</i></p>	<p><i>August 13</i></p>

To post event information contact Steve O'Shaughnessy at [oshaust1@optonline.net](mailto:oshaust1@optonline.net)