

Bohemia Track Club Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>October 16</i></p> <p>River Road Long Runs, Smithtown 7:30am GLIRC 6 hour Run, Sunken Meadow LIRRC 10K, Eisenhower Park 9:00am Project Children 5K, East Islip 9:30am Run for the Children 5K, Setauket 9:30am</p>	<p><i>October 17</i></p>	<p><i>October 18</i></p>	<p><i>October 19</i></p> <p>BTC Meeting, Bohemia Rec. Center 8:00pm</p>	<p><i>October 20</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>October 21</i></p>	<p><i>October 22</i></p> <p>Bob Pratt Memorial 5K, Sunken Meadow Park 8:30am Thomas Butler Memorial 5K, Kings Park 10:00am</p>
<p><i>October 23</i></p> <p>River Road Long Runs, Smithtown 7:30am Run for Education 5K, Malverne 8:30am Run for the Cure 5K, Manhasset 9:30am</p>	<p><i>October 24</i></p>	<p><i>October 25</i></p>	<p><i>October 26</i></p>	<p><i>October 27</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>October 28</i></p>	<p><i>October 29</i></p>
<p><i>October 30</i></p> <p>Daylight Savings--set back 1 hour River Road Long Runs, Smithtown 7:30am LIRRC 10K, Eisenhower Park 9:00am Pumpkin 5K, Brightwaters 9:30am</p>	<p><i>October 31</i></p> <p>Halloween</p>	<p><i>November 1</i></p> <p>Election Day</p>	<p><i>November 2</i></p>	<p><i>November 3</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>November 4</i></p>	<p><i>November 5</i></p> <p>Dr. Clare Memorial 5K, Greenvale 9:00am Duck Waddle 5K, Ducks Stadium, Central Islip Little Apple 5K, Huntington 10:30am</p>
<p><i>November 6</i></p> <p>River Road Long Runs, Smithtown 7:30am NYC Marathon</p>	<p><i>November 7</i></p>	<p><i>November 8</i></p>	<p><i>November 9</i></p>	<p><i>November 10</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>November 11</i></p> <p>Veterans Day</p>	<p><i>November 12</i></p> <p>Veterans Day Cross Country 4K, Northport 10:00am</p>
<p><i>November 13</i></p> <p>River Road Long Runs, Smithtown 7:30am Elite Sports Medicine 8K, Ronkonkoma 9:30am LIRRC X/C 5K, Eisenhower Park 9:00am</p>	<p><i>November 14</i></p>	<p><i>November 15</i></p>	<p><i>November 16</i></p> <p>BTC Meeting, Bohemia Rec. Center 8:00pm</p>	<p><i>November 17</i></p> <p>BTC Hill Training, St. James General Store 5:30pm</p>	<p><i>November 18</i></p>	<p><i>November 19</i></p>

To post event information contact Steve O'Shaughnessy at oshaust1@optonline.net